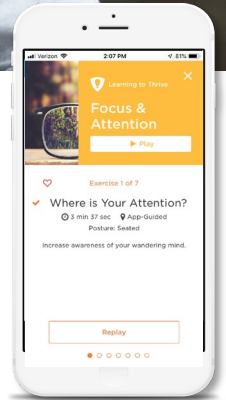


What's Included with the Levelhead-Ed Program?

Innovative Mobile Learning Tool with Scientifically-Based Content

- Access to our 12-Week program which features (3) foundational tracks: Getting Started, 7-Day Challenge, and Learning to Thrive; includes over 120 micro-lessons which average 3-5 minutes long.
- In-App team-building features: Stickers and a Leaderboard.
- Communication portal where instructor/administrator/leader(s) have the ability to send customized push notifications as desired.
- Journaling feature for participants to easily send learnings and insights.



Levelhead-Ed Resource Center for Instructor/Leader

- Comprehensive Instructor's Guide to support all facets of the program, including planning and weekly guides w/discussion questions.
- Helpful "Easy Reference Guide" for students to support the rollout.
- Additional downloadable materials which complement weekly focus/topics including videos, podcasts, infographics, and research.

Ongoing Levelhead Executional Support

- Regular consultation w/Levelhead team pre-launch to ensure flawless rollout.
- Professionally prepared kick-off presentation and Levelhead presenter(s) to launch program via video conferencing (live or recorded), in partnership with instructor/leader.
- Prepared push notifications sent by Levelhead team to encourage students & support weekly topics.
- Access to monthly Levelhead newsletter as well as optional weekly call with other professors/leaders from across the country to engage and learn best practices and latest research.

Measurement and Tracking Built In

- Delivery and analysis of Pre- and Post Student Surveys to measure impact of program. Includes (4) Industry-validated instruments: Perceived Stress, School Engagement, Self-Compassion Scale, & Five-Facet Mindfulness Questionnaire.
- Access to administrative portal which includes real-time stats by class and individual.